Our Lady of Mt Carmel
School Newsletter

Term 3 Week 4
August 12th 2016

Phone: (08) 9961 1120  Fax: (08) 9961 1064
E-Mail: admin@olmc.wa.edu.au
Address: P.O. Box 75, Mullewa. W.A. 6630
Website: www.olmc.wa.edu.au

‘Love one another, as I have loved you.’

OLMC Calendar Important Dates

16th August  OLMC Assumption Mass 9am
17th August  Reconciliation 3.30pm
18th August  Mass Rock
19th August  Yr 1/2 Assembly
22nd August  Catholic Leave Day (no school)
24th August  Newman College Students Arrive
24th August  1st Holy Communion Parent Meeting
25th August  Pioneer Cemetery Visit
29th August  Newman Students’ Disco
30th August  Jumps and Throws
2nd September  Athletics Carnival
3rd September  P&F Busy Bee
9th September  K/PP + Yr. 1/2 Open Room
K/PP Assembly

Mary MacKillop Prayer

Ever generous God,
You inspired Saint Mary MacKillop
to live her life faithful to the Gospel of Jesus Christ
and constant in bringing hope and encouragement
to those who were disheartened, lonely or needy.
With confidence in your generous providence
and joining with Saint Mary MacKillop
We ask that you grant our request.........
We ask that our faith and hope be fired afresh by the Holy Spirit
so that we too, like Mary MacKillop,
may live with courage, trust and openness.

Ever generous God hear our prayer.
We ask this through Jesus Christ.

Amen.
Dear Parents, Carers, Teachers and Friends,

We have had some wonderful learning opportunities over the last two weeks, providing our children access to outside agencies and varied experiences. Meredith and her team from 360 Degrees Health and Community, spent a morning working with each class individually, sharing the importance of a healthy diet and involving the children in the preparation of the food they would later share. The children had a great time and remember the messages of making good choices for a healthy strong body.

Our expedition to Geraldton this week was also a great adventure, with the weather changing to cold and drizzle, causing us to divert our path to the Sun City Play Centre. The children had a great time inside the building warm and playing, rather than on the foreshore, cold and damp. We then headed to the Queens Park Theatre for the show ‘Rags to Riches’. The Nagle students and a special appearance from a senior class of students from St Lawrence’s entertained us well with a varied show. Students showcased their many talents and passions as well as their learning achievements from all areas of the Arts. There were bands, soloists, ensembles and the choir plus several drama pieces depicting a variety of story lines. This has been a great opportunity for the children to see some of the things that they will be able to learn and develop if they continue their Catholic education in our Geraldton School, Nagle.

A special thank you to our helpers on the day; Father Robert and Julie Tierney for driving the buses, Mrs Melinda Weir, Mrs Steele and co-pilot Mrs Papertalk and Mrs Dreghorn for driving their own vehicles with students on board, due to all students not being able to fit on the two buses; to the Sun City Christian Centre for being so accommodating and welcoming when we arrived with only an hour and a half notice due to the inclement weather; and to all our staff for assisting in keeping our children safe and helping to make this a fun and enjoyable learning experience.

3 Way Conferences

We all know that each child is at the centre of our ‘core business’ in school. One of the strategies to achieve the best learning for each individual child is by having a clear partnership with parents and carers. Thank you to the parents and carers who have been attending our meetings with staff. The value of feedback and teamwork to achieve common goals is a proven success story. If you have not yet had your meeting, please call the office to guarantee a time!

Long Jump & Triple Jump Pit

A big ‘Thank you!’ to Len Norris, Anthony Dreghorn, Brendan Weir and Mikey J for your help last week to dig over the sand and prepare the area that is used for long jump and triple jump. We now have a clearly marked pit that will benefit the students when practising for this unique event.

Sacrament of Reconciliation – 17 August 3.30pm
Holy Communion – 11 September 8.30am

We would like to keep the children who are preparing to receive the Sacrament of Reconciliation and Holy Eucharist for the first time, in our prayers. Those students who are baptised Catholics in Year Three will be celebrating the Sacrament of Reconciliation for the first time, at 3.30pm Wednesday.

’Love one another, as I have loved you.’
17th August in the Church followed by afternoon tea and the Sacrament of First Eucharist on Sunday 11th September at the 8.30am Mass. We would love to have members of our school and parish community along to support our students at this Sunday morning Mass. There will be a parent meeting for the families involved, on 24 August at 3.30pm.

The Assumption of the Blessed Virgin Mary and Mass Rock

Next week, 16 August Father Robert will be celebrating the Holy Day Feast of the Assumption in our Church on Tuesday at 9am, due to Father being in Mingenew on Monday. The students from Years 3/4 and 5/6 will be attending this Holy Day of Obligation Mass. The Feast of the Assumption of the Blessed Virgin Mary commemorates the death of Mary, as she has completed her earthly life and was assumed body and soul into Heavenly glory. This signifies the Blessed Virgin’s passing into eternal life and is the most important of all Marian feasts.

On Thursday 18 August all students will be walking in the morning out to Mass Rock and participating in Mass with Father Robert. This will be followed by morning tea and a free play in the area. This has been a tradition over many years, originating with Monsignor Hawes saying Mass for the Indigenous families out in the bush. The children will then walk back to school to have a lunch prepared by staff and an afternoon filled with activities based on the theme of Reconciliation. Letters and a Permission request has been sent home this week. If you have not received this, please check the App or contact the office.

Year 1/2 Assembly

The Year 1/2 Class will be having their Assembly next week 19th August. Due to the 3-Way meetings, we have moved the ‘Open Room’ for Yr. 1/2 to be the same day as Kindy/Pre-primary ‘Open Room’ on 9th September. We hope this does not cause too much inconvenience.

Book week theme: Australia: Story Country

The Library Ministry have requested that we have a special dress-up day in support of the theme Australia: Story Country. Even though we are not having the Book Fair this year to sell books, the idea of celebrating the joy that we get from reading and to support this focus on Australia, is a great idea generated by the students. Due to the business of the next few weeks, we want to give families plenty of notice that we will have this ‘dress-up’ day later in the term on a date to be advised. Many families are working hard to support the Mullewa Show and do not need the added pressure of finding a costume right now.

REMAR

REMAR is a Marist Christian Leadership program which offers a voluntary Faith in Action program to the students in years 10, 11 and 12 at Newman College. The students are provided opportunities to deepen their spiritual development through discussion, prayer, reflection and community service. A tradition which has evolved and become very much a part of the Mullewa community and Agriculture Show is the support of this wonderful group of students. They arrive on Wednesday 24th August and depart the following week, 30th August. Whilst in our community, the children of Our Lady of Mount Carmel have snippets of time when they get to share the love of service that these young adults share. The REMAR students will be helping over the week to; maintain the Pioneer Cemetery with our.

‘Love one another, as I have loved you.’
senior students, bringing along crosses that they have made themselves for the unmarked graves, setting up and packing away the Wildflower show, assisting with the running of the Agriculture Show on Saturday by assisting in stalls, on the gate, with the races and the clean-up afterwards, having Mass with the Parish on Sunday and Mass again on Monday with our students and finally, preparing a Disco for our students on the Monday night – 29th August before departing early on Tuesday. We pray for fine weather and that God watches over these aspiring young men and women who gladly give of themselves to provide service to others, that they will travel safe and be at their strongest to achieve their personal mission.

Busy Bee

Please mark the date of Saturday 3rd September for the next Busy Bee. Plans are in place for the continuation of the development of the Nature Playground. Our band of P & F members have looked at extending some of the areas on the main oval as well as commencing the build of a Nature Playground in the Kindy Pre-primary play area. This is an extremely valuable project that the P & F have undertaken for the benefit of all students in our school. Staff and students have had input; to provide design aspects, and research has been undertaken towards cost effective materials within budget, incorporating interests and safety of students as well as developmental structures that provide imaginative and creative space for play.

Anaphylaxis

Anaphylaxis is a severe, rapidly progressive allergic reaction that is potentially life threatening. In the past four years admissions due to anaphylaxis to Princess Margaret Hospital for Children have doubled. Surveys in other States in Australia report that:

- 1 in 170 school children had suffered at least one episode of anaphylaxis.
- 1 in 50 children under the age of five years had food allergies.

To date, there have been no reported deaths from anaphylaxis in children in Western Australia, however, recent deaths have occurred in New South Wales and Victoria.

The key to the prevention of anaphylaxis in schools is to raise awareness of known allergens and to prevent exposure to these known allergens. Our Lady of Mount Carmel has had in place for many years a ‘Nut Free’ school awareness. This was due to a student having a severe allergy to nuts. Because this student has left the school, it does not mean this expectation of being ‘nut free’ has changed. We currently have two staff and three students who need to be very careful with what they eat. Three of these people have an Epipen available in the event that they have a reaction to something.

For us as a community to care and support those around us, we need to be aware that we have staff and students in our school community that suffer from this allergy. It is not their choice nor their fault. The more we can raise awareness so that we do not expose our school community to these allergens, is in the best interests for everyone. We ask that parents assist in explaining to their children that some people might get quite sick, if they accidentally ate something that was not good for them. It helps to not send these items to school to prevent this from happening.

We are currently reviewing our School Policies which will directly address this common query. Please continue to support our community by refraining from sending items along in school lunch boxes that may contain nuts, which may accidentally cause harm to another person. Thank you for your support.

God bless

Di Nyman

Principal

‘Love one another, as I have loved you.’

“There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.”

Albert Einstein
Birthdays

Mrs Leo Tunbridge – 13th August

Happy Birthday!

Office Reminders

School Fees update.
An up to date statement of accounts will be arriving home next week through the mail. If you would like to discuss alternative payment options other than those stipulated, please do not hesitate to contact the Principal.

Parent/Emergency Contact and Medical Emergency Information – If your contact details change throughout the year please contact the office as soon as possible and update your information. Please also let the office know if your child has any allergy and/or medical condition. It is imperative that the school has the most up to date and correct information in case of an emergency.

Parish Notices

Our Lady of Mount Carmel Parish – Mass is celebrated every Sunday commencing at 8:30am. Everyone is welcome to attend.

Pope Francis’ Prayer Intentions for August
Universal: Sports
That sports may be an opportunity for friendly encounters between peoples and may contribute to peace in the world.
Evangelization: Living the Gospel.
That Christians may live the Gospel, giving witness to faith, honesty and love of neighbour

PRAYER FOR VOCATIONS
Generous God, You show us the way that leads to everlasting life. Through baptism you have called us to proclaim the Good News. Bless and strengthen those who have made a commitment of service in the Church. Guide and give wisdom to those discerning their vocation. Enrich our Church with dedicated married and single people, with deacons, priests, and with people in consecrated life.

For further details and information on any Mass services or Baptism arrangements, please feel free to contact Fr Robert O’Bryan PP on 9961 1181 or 0457 980852

P & F Survey

‘Love one another, as I have loved you.’
Please complete a short survey on the back page of this Newsletter regarding a possible change of uniform. Thank you.

Classroom News

We are almost at the half way point of Term Three and can’t believe how much learning has been happening in our room.

We have been learning about money and its value, types of patterns, the mass of objects as well as different types of reading and writing strategies.

The students have been focused on working hard to complete their work well, so that they can earn token money, which can be spent in the class shop each Friday. We have to count the money in our wallets and work out if we are able to buy something in the shop or wait and keep saving for something bigger to be bought in the future.

Food Sensations – In week 3 the school was lucky enough to have an incursion about healthy eating. In our class we were lucky enough to make Crunchy Crumble Cups and Fruity French Toast. We enjoyed having a go at cooking and it was even better to eat the final product.

Rags to Riches – On Tuesday the whole school travelled by busses and cars to Geraldton to watch Nagle Catholic College performance of ‘Rags to Riches’. It was a wonderful display of the talented students from Nagle CC.

‘Love one another, as I have loved you.’
This term we have combined our play program with STEM tasks. STEM gives children the opportunity to demonstrate their learning whilst completing a task.

The task for ‘Bridges’: The Three Billy Goats Gruff” the goats travel over a bridge. Your job today is to construct a way to get across a river.

STEM?

SCIENCE, TECHNOLOGY, ENGINEERING MATHEMATICS

STEM provides students with open-ended activities where they can go through the process of defining a problem, brainstorming a possible solution, planning, creating, and improving on their plan.

COMBINING PLAY & LEARNING IN K-PP

‘Love one another, as I have loved you.’
Uniform Shop

UNIFORM SHOP OPEN
Monday 8.30am to 9am and 3pm to 3.30pm
Tuesday 8.30am to 9am and 3pm to 3.30pm
Now located in the hall.
Order forms can be sent home with your child on request.
Rebecca Dreghom is your uniform co-ordinator.

Other News

Mullewa Carer Day

If you are helping a family member or friend who is stressed, unhappy, feeling hopeless or lonely withdrawn or having a hard time take this opportunity for some time for you...

FOOD PROVIDED
Come and have a chat
Free Massage and Reflexology
Tuesday, 6th of September
At the CRC Conference Room

Bookings essential.
For more info:
Call: 9964 6488
Text: 0437 441 809
Or email: info@helpingminds.org.au

For more information visit
www.helpingminds.org.au

Free call number
1800 811 747
(please share this information with others)

‘Love one another, as I have loved you.’
Dear Parents/Guardians,

As part of the Mullewa Show we will again be running a Junior Gift. It will take place at 1:30pm. Runners will be called via the PA system on the day. This year we will have age races for children from 5 years to 17 years. If your child would like to participate, please sign the form below and return it via email (melindaclaire@hotmail.com) or to Mullewa DHS or OLMC school Mullewa if your child is enrolled there. Please have forms returned by Friday 19th August. Registration is available on the day only until 11am at the Show Office. No late entries will be accepted. We look forward to lots of junior runners on the day!!

Thank you,
Melinda Weir

JUNIOR LIVE LIGHTER MULLEWA GIFT 2016

Child's Name: ____________________________________________
Age: __________ Date of Birth: _____________________________

I GIVE PERMISSION FOR MY CHILD TO PARTICIPATE IN THE JUNIOR LIVE LIGHTER MULLEWA GIFT ON SATURDAY AUGUST 27TH 2016.

Parent/Guardian Name: ________________________________
Parent/Guardian Signature: ____________________________________
Love one another, as I have loved you.

Mullewa Wildflower Show

Big call out to all of the bakers in Mullewa!

It’s that time of year again when we are kindly asking for your help and support with the catering side of the Wildflower show. We are asking for donations of cakes, slices, scones, sandwich fillings and/or your time and we will even accept money if cooking/baking is not your forte. Could you please let me know if you are able to help in anyway so we can organise enough food & a roster to provide a great service to our tourist/visitors to town during our beautiful wildflower season.

Donations can be dropped off at the Lessor Hall from Wednesday 24th August 2016.

Kind Regards,

Julie Tierney
0400 377 535 or 99611 853 or julie1402@bigpond.com

Wildflower Show dates 25th, 26th, 27th, 28th August 2016

P & F Uniform Survey

‘Love one another, as I have loved you.’
Due to parent feedback, the P & F needs your response to the following questions to determine whether our School Uniform is an area that needs review. This has eventuated due to the input of many people, not a few.

Statements have been made regarding the light colour of the school shirt and the difficulty they have, of keeping our school shirt clean or stain free.

Do we need to, or want to, look at changing the style of shirt along with the material used? Please consider that our current school shirts can be ‘iron free’. This is a plus. They do not stretch or become ‘out of shape’ after a few washes. When doing some research regarding a school shirt for everyday use, there is evidence from other schools in our region to support a variety of products that are available, if we choose to go down this path. This process will be taken slowly and will need to incorporate a change-over period between uniforms.

Important.

If you do not respond to this survey, we will assume that you are happy that the P & F have your best interests and the interests of the children at the fore-front of any decisions that are made.

Please answer ‘yes’ or ‘no’ to the following questions and return to the office by Wednesday, 17 August.

By completing this short survey you will be helping us determine whether or not there is enough parental support to go down the path of investigating solutions to update our school uniform?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I am happy to consider a uniform change.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. I understand and accept that to keep with the traditions of the school and the history of the Presentation Sisters, our colour must incorporate ‘blue’.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. I like the idea of a darker colour blue school shirt.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. I like the idea of a unisex microfibre school shorts to replace the existing; one for girls and one for boys.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. I like the idea of all students wearing dark blue socks rather than grey for boys and white for girls.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. I like the idea that our shirts, shorts and socks will all be blue.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Thank you for your time and input.

‘Love one another, as I have loved you.’