**Our Lady of Mt Carmel School Newsletter**

Term 2 Week 6  
3rd June, 2016

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**The Sacred Heart** (also known as Sacred Heart of Jesus) is one of the most famous religious devotions to Jesus’ physical heart as the representation of His divine love for Humanity.

The Sacred Heart is often depicted in Christian art as a flaming heart shining with divine light, pierced by the lance-wound, surrounded by a crown of thorns, surmounted by a cross and bleeding. Sometimes the image is over Jesus’ body with his wounded hands pointing at the heart. The wounds and crown of thorns allude to the manner of Jesus’ death, while the fire represents the transformative power of love.

The Feast of the Sacred Heart has been a Solemnity in the Roman Catholic liturgical calendar since 1856, and is celebrated 19 days after Pentecost. As Pentecost is always celebrated on Sunday, the Feast of the Sacred Heart always falls on a Friday.

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**OLMC Calendar Important Dates**

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‘Love one another, as I have loved you.’
Reconciliation Week

God of Justice and forgiveness,
Guide us as we continue on our pathways to Reconciliation.
Grant us the courage to speak out against the injustices that our Indigenous brothers and sisters continue to suffer.
Help us to see with new eyes, to listen the stories of our Indigenous brothers and sisters and to feel with a heart of compassion.
Help us to build right relations with each other based on truth and justice.
We ask this prayer through Christ our Lord, Amen.

What is National Reconciliation Week?

– Each year National Reconciliation Week (NRW) celebrates and builds on the respectful relationships shared by Aboriginal and Torres Strait Islander people and other Australians.

The dates that bookend the week are significant milestones in the reconciliation journey.

May 27—Marks the anniversary of Australia’s most successful referendum and a defining event in our nation’s history. The 1967 referendum saw over 90 per cent of Australians vote to give the Commonwealth the power to make laws for Aboriginal and Torres Strait Islander peoples and recognise them in the national census.

3 June—Commemorates the High Court of Australia’s landmark Mabo decision in 1992, which legally recognised that Aboriginal and Torres Strait Islander peoples have a special relationship to the land—a relationship that existed prior to colonisation and still exists today. This recognition paved the way for land rights or Native Title.

What is the theme?

The theme for NRW 2016 is Our History, Our Story, Our Future.

Our History, Our Story, Our Future is derived from the State of Reconciliation in Australia report, which asks all Australians to reflect on our national identity, and the place of Aboriginal and Torres Strait Islander histories, cultures and rights in our nation’s story.

‘Our History’ reminds us all that historical acceptance is essential to our reconciliation journey. Historical acceptance will exist when all Australians understand and accept the fact that past laws, practices and policies deeply affected the lives of Aboriginal and Torres Strait Islander peoples, often having devastating immediate impacts and causing much of the disadvantage that exists today. It is also a commitment to ensuring these wrongs are never repeated in the future.

‘Our Story’ reflects the fact that the journey towards reconciliation forms a significant part of Australia’s story, as do the stories of both trauma and triumph told by Aboriginal and Torres Strait Islander peoples. It also encourages each and every one of us to make reconciliation part of our own story.

‘Our Future’ reinforces that reconciliation must live in the hearts, minds and actions of all Australians as we move forward, in the knowledge that we believe in fairness for everyone, that our diversity makes us richer, and that together, we are stronger.


‘Love one another, as I have loved you.’
The Sacred Heart of Jesus is important to our school, this is why it is part of our school crest. The Presentation Sisters who started our school belonged to the order of the Presentation of the Blessed Virgin Mary. This order was initially called the Sisters of the Sacred Heart of Jesus. The painting of the Sacred Heart in the multipurpose room was left to us by the Sisters when they left Mullewa. Tradition and importantly knowing who we are and how we have come to be a part of this place is very important. Father always explains its significance as being about the great love of Jesus for us.

Dear Parents, Carers, Teachers and Friends,

What is it that we do here at Our Lady of Mount Carmel that is important? We talk about the heart and how we feel. We talk about what Jesus would want us to do. We talk about what is the right thing to do. These things cannot be learned over night, they come from deep within. Have you ever tried to convince someone that what they are thinking may not be completely accurate and they cannot see where you are coming from? What we experience, hear and see as we are growing up is proven through research, to have a lasting impact on the person who we are today. This is why it so very important that we, through guidance, modelling and discussion, instil in our children the skills and knowledge to help them to develop into a mature responsible and learned young adults. For young families and new families, the fear of not knowing if you are on the right track can be a little overwhelming. It is always good to talk to others and encourage the sharing of ideas and ways of doing things. Reflecting on how we can improve ourselves so that we can better support our families is a valuable thing to make time for, just like maintaining a healthy lifestyle, we need a healthy spirit.

When I think of Jesus and the love that he showed to humanity plus the never faltering way that he was able to see the good in everyone and everything, he set the bar pretty high!

Beauty is in the eyes of the beholder.

If only we could wave the magic wand to create this vision of the things we want to see beauty in. If something has given you pleasure and makes you feel good, these deeper emotions/feelings are created by endorphins which are the brain’s ‘feel-good’ chemicals. We all know that laughter makes good medicine. How do we make your heart sing? Jesus is right on the money when he tells us to think of better ways to make connections with Him, through Him and to try to be like Him. Too hard! Not really. There is much evidence to show that we can retrain the brain. Barbara Arrowsmith Young who wrote ‘The Woman Who changed her Brain’ was born with many disabilities that she has learned to overcome. She has dedicated much of her life to helping people develop skills that they never thought would be possible. There are techniques that have been used to help people who cannot talk because a part of their brain was not working, but through consistent, specific training, these skills can be relearned. A little like a miracle one might say?

If we really want to – we can find beauty in absolutely everything. If something or someone is taking up too much of your thoughts, then time can be spent retraining negative thoughts into positive ones. Begin by making note of the good things that come from the person or object. Start to note down a couple of things that are good about whatever is causing the negative thoughts. Before you know it – if you do this often enough, you will retrain your thoughts into more positive ones!

‘Love one another, as I have loved you.’
Miss Jill and I were in Perth last week with Bishop Gerry Holohan, talking about ways to make connections with the Jesus who we really should get to know. We have had Reconciliation Week and celebrated the Sacred Heart of Jesus with the children in our beautiful church! These things help us to be a good Catholic school and learn more about who we are and what is important.

Remember that our P&F are busy trying to help build community and raise some funds for our children. We are already well on the way to completing the works done at the last Busy bee for the Nature Playground. Plans are also afoot to tackle the kindy pre-primary area. The team have organised the great breakfast 'cook-up' of: 'Bacon & egg in a bun' or 'sausage & egg in a bun' plus drinks and coffees for the Sunday morning after our Muster/Rodeo. Put your hand up to help out for a bit if you can or at least come along and enjoy the food that someone has prepared for you to support our kids.

I can't wait till Saturday, it will be a great event for Mullewa. In one breathe we hope the rain holds off so that the riders do not slide off their saddles; but I know our farmers desperately need the rain. I will be all rugged up with the thermals and brolly either way!

Next week I will need to be in Perth for meetings and won't be back until Friday, please see Ms Jill for anything as the need arises, I will be a phone call or email away. Mr Mark is very pleased that I can now drive, after having my right arm out of action for the last six weeks.

Tuesday 14 June: Nagle will be visiting the Year 5-6 class to provide information for students who are heading to Nagle for Year 7. This visit will incorporate discussion and question time to help alleviate any nerves about moving to the big school.

Wednesday June 15: Year 5-6 have been supported through SDERA to attend an Alcohol and other Drug Health and Wellbeing Forum with some other schools in Geraldton. Providing children with accurate information regarding some of the substances that are becoming more readily available in our communities today is providing the knowledge to care for themselves and make important and responsible decisions when they get older. To know is to be prepared. We look forward to sharing some of the things we learn. Thank you to Father Robert who will be helping by driving the bus for us. ©

From the wisdom of Dr Seuss:

Unless someone cares a whole lot, nothing is going to get better. It's not!

God bless
Di Nyman

Go Communio!

‘Love one another, as I have loved you.’
‘Love one another, as I have loved you.’
Birthdays

A very happy birthday to the following staff and students:
3rd June – Aiden Schulz
7th June – Charli Harvey
7th June – Jayliesha Hamlett
7th June – Kiarbroe Hamlett
9th June – Isabella Critch
10th June – Mrs Kylie Womersley
12th June – Caleb Critch
16th June – Adam Grima

Happy Birthday!

Merit Award Recipients

Congratulations to the following students that received an award at today’s assembly. Keep up the great work!!

Max Rumble
Aiden Schulz
Jacob Grima
Revis Carnamah
Tarkyn Fulker
Angus Critch
Isabella Low
Edward Quartermaine
Mia Fulker
Lochlain Park
Tyler Messina
Caitlin Rowe
Chykiarah Fraser
Hunter Rumble
Okuhle Mseleku

‘Love one another, as I have loved you.’
Office Reminders

Incorrect Bank Details on Family Statements
It has been brought to our attention that the BSB provided on the 2016 School Fee Statement was incorrect. Please note that the correct details are:

Our Lady of Mount Carmel School
BSB: 086-006
Account: 54508 4961

We apologise for any inconvenience this has caused.

Parent/Emergency Contact and Medical Emergency Information – If your contact details change throughout the year please contact the office as soon as possible and update your information. Please also let the office know if your child has any allergy and/or medical condition. It is imperative that the school has the most up to date and correct information in case of an emergency.

P&F Notices

Rodeo
We are looking for volunteers to help cook and serve breakfast at the Rodeo on Sunday 5th June. If you are able to help please let either Tim or Jenna know.

Tuckshop is next Friday 10th June. Kylie Rowe is the leader and Jaidee Park and Jenna McGregor are the helpers. All proceeds from this Tuckshop will be donated to one of our previous families that are currently experiencing hardship.

Tim Critch Jenna McGregor Janice Park
President Secretary Treasurer

Uniform Shop

UNIFORM SHOP OPEN
Wednesday 8.30am to 9am and 3pm to 3.30pm
Thursday 8.30am to 9am and 3pm to 3.30pm
Now located in the hall.
Order forms can be sent home with your child on request.
Rebecca Dregan is your uniform co-ordinator.

‘Love one another, as I have loved you.’
OUR LADY OF MOUNT CARMEL PARISH – Mass is celebrated every Sunday commencing at 8:30am. Everyone is welcome to attend.

TOURIST SEASON

As we approach the tourist season here in Mullaloo and the possible influx of people following the Wildflowers and wanting to do the Monsignor Hawes Trail we need to be prepared.

While we are not in the tourist industry, we recognise that we have been blessed, in some ways, to have two buildings in the legacy of Monsignor Hawes and people may like to see them.

We are asking for parishioners or friends who would like to volunteer their time by being there to keep an eye on the building while people visit them. The Priest House Museum has an audio guide which goes for about 16 minutes informing the people about the Priest House and other information about Monsignor Hawes. It is just a matter of welcoming the visitors, turning on the guide and letting the visitors follow the guide. If you think you can help by giving a couple of hours we would welcome your help.

We only plan to have the buildings open from about 9:30am to 12:30pm (volunteers permitting) on most days, if you are willing to look after the Church visitors it is a matter of being there. I believe for the most the visitors do not always want a long tour, they just want to look around, and take photos.

Dolores Bone and her helpers will be there when they can and will support you if needed but we cannot just rely on these people as they do have lives of their own and need time to rest. The CRC tourist Centre will have my contact number and I am willing, if available, to open the Church and or the Museum, for people to have a look around and respond to any question they may have. If you want further information please let me know and I will try and help you, hopefully with the help of Dolores. Thank You, Robert.

WEST AUSTRALIAN RIGHT TO LIFE ASSOCIATION

The annual major fundraising raffle is on again for the Right to Life Association, tickets are $1.00 each with the first prize being $5,000 Cash, 2nd $2,000, 3rd $1,000. Tickets are available at the entrance to the Church Robert

POPE FRANCIS' PRAYER INTENTIONS FOR JUNE

Universal: Human Solidarity; That the aged, Marginalised, and those who have no one may find—even within the huge cities of the world—opportunities for encounter and Solidarity. Evangelisation: Seminarians and Novices. That men and women entering religious life may have mentors who live the joy of the Gospel and prepare them wisely for their mission.

Jesus, We pray for universal solidarity, in the hearts of your people with the aged, homeless, forgotten and lonely. Help us to see each person as your creation and find ways to better serve them in our society. We pray for seminarians and novices, and all those entering religious life that they may have true spiritual guides who prepare them with you heart and mission. Amen
Other News

**MULLEWA MUSTER & RODEO**

**Saturday**  
**4th June 2016**

**RODEO**—1st Performance 9am  
2nd Performance 1.30pm  
BEAUT UTE Competition - 10am  
WHIP CRACKIN’ Comps - 1.30pm

Country Music CONCERT - 5.30pm  
- featuring The Wolfe Brothers,  
supported by The Jayne Denham Band,  
Renegade & Red Ochre

~ Mullewa Recreation Grounds ~  
Main Gates Open 8am

Free Camping onsite from 12 noon Friday 3rd  
Powered sites available at Caravan Park

Stalls: variety of food, drinks, western gear,  
giftware & much more.

Kids rides & Interactive workshops

LICENSED PREMISES—STRICTLY NO BYO ALCOHOL

BYO Chairs if you wish

*For more information visit www.mullewamuster.com*

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**MULLEWA DISTRICT AGRICULTURAL SOCIETY INC**

**Mid West Final**  
**Rural Ambassador Award Dinner**

Saturday 16th July 2016  
6.30pm  
Mullewa Sports Club  
Main Road, Mullewa

*Come along and support your local entrant Nick McKenna*

Tables of up to eight  
Tickets $45 per person  
Drinks on sale

Bookings to Pip Rumble  
Email: info@mullewashow.com.au  
Tel: 0418 853 898  
Bookings close Monday 11th July

Payments to Mullewa District Agricultural Society  
BSB: 038-890  
Account number: 49010667  
Reference:  
RAA (surname of person who made booking)