Ash Wednesday

Have mercy upon me, O God, According to your loving kindness... Wash me thoroughly from my iniquity, And cleanse me from my sin.

Psalm 51:1

OLMC Calendar - Important Dates

18th February    Ash Wednesday Mass – 9:00am
                  Fremantle Dockers Visit – 11:00am
20th February    Parent Information Night / Annual Community Meeting / Welcoming Dinner – 6:00pm
                  Stand-up Comedy Night – Mullewa Sports Club
25th February    Pre-Primary Swimming Lessons
26th February    Year 1 – 6 Swimming Lessons
                  Year 5/6 Camp Meeting in the School Hall – 3:15pm
27th February    Tuckshop – Sarat and Melinda
2nd March        Labour Day Public Holiday
3rd March        Newsletter Coming Home
7th March        P&F Quiz Night at the Golf Club

‘Love one another, as I have loved you.’
Dear Parents, Friends and Students,

The students have settled back in quickly and have made a great start to the year. As a staff we spent last Monday continuing our work around making learning visible at Our Lady of Mount Carmel. The day focused on effective feedback as a tool that can assist students to understand, where they are going, how they are going and where to next with their learning. We also looked at how we as teachers can garner feedback from the students, to ensure that we are meeting their needs. Our work is certainly not finished, however anecdotally as I walk around the classrooms and speak with the children it is clear that the language of learning has increased over the past year and many students can clearly articulate what they have learnt and what it is that they need to do next in order to progress.

The Season of Lent – Tomorrow, Ash Wednesday marks the start of the Lenten season in the Church, forty days of preparation for Easter, where we celebrate the resurrection of Jesus. What might you do as a family to prepare? Attached to this newsletter is a pamphlet that has lots of information about the season of Lent and Easter. As a school we will be taking part in a number of activities to help with our preparations.

• It commenced today (Shrove Tuesday) when we wrote down our Lenten commitments and burnt them during our burning ceremony. These ashes, along with palms from last year’s Palm Sunday, will be used in tomorrow’s Ash Wednesday Mass. Our commitments were based around almsgiving, fasting and/or prayer.
• Throughout Lent the school will be involved in Project Compassion, raising money for children and families in need around the world. The children are encouraged to, for example, go without some pocket money or forgo an ice pole, instead donating that money to Project Compassion.
• One of our focus areas this year is ‘Prayer’, so as a whole school we have made a commitment throughout Lent, to pray and make sure we don’t forget to say Grace before meals. You might like to use this simple prayer at home before family meals.

“Bless us O Lord and these your gifts, which we are about to receive. Through Christ our Lord, Amen.”

• In the final week of Term One we will look closely at the story of Holy Week, with each class presenting a small part of the story. More details regarding times and days will be sent home closer to the end of term.
• To help you prepare for Easter as a family you may like to visit the Caritas website below or download the Lenten app on your IOS or Android device. Each day during Lent the website/app will provide you with information, prayer and actions.


Parent Information Night / Annual Community Meeting / Welcoming Dinner – As was mentioned in our last newsletter, on Friday the 20th February we will be trying something a little different. We will be bringing two evenings together by combining the Parent Information Night and the Annual Community Meeting. The evening will commence at 6:00pm with the K/PP and Year 5/6 Parent Information
Sessions, in their respective classrooms. At 6:30pm we will have our Annual Community Meeting in the School Hall, which everyone is invited to attend. Then at 7:00pm the Year 1/2 and Year 3/4 Parent Information Sessions will be conducted in their classrooms. At the conclusion of the final parent session at 7:30pm we will commence our Welcoming Dinner. The school will provide chicken and we ask that each family bring a salad to share. For those who may not be involved in the final session, you are more then welcome to start enjoying each other’s company, by getting together on the benches outside the administration building. The evening will be a chance to hear about what is happening in your child’s classroom in 2015, how the past year has gone at Our Lady of Mount Carmel, and an opportunity to come together as a community and share a meal.

As part of the my report during the Annual Community Meeting, I will be presenting an overview of the 2014–2016 Strategic Plan and the 2015 Annual School Improvement Plan. The Annual School Improvement Plan highlights the key actions we are taking as a school in 2015 to improve in the areas of Catholic Identity, Community, Education and Stewardship. Below are links to both documents if you would like to have a closer look.

2015 Annual School Improvement Plan - [http://goo.gl/M63xWd](http://goo.gl/M63xWd)

**Principal Review Process** – The Catholic Education Commission of Western Australia has endorsed a process of review for Principals and I am one of a number of Principals in Catholic schools to be reviewed this year. All Principals are reviewed during their third and eighth year in the role. My first review will take place during Week Six of Term One this year. This Principal Review relates only to the Principal’s Duties and Responsibilities (as enunciated in the Principal’s Contract of Employment) and is not a School Review or Evaluation.

The aims of the review are:

- Accountability to the employer
- Renewal of contract of employment
- Professional development

The process will involve the following members of the school community: Selected Staff; the School Board; the Parents & Friends Executive; and the Parish Priest, and will be conducted by means of written evaluation, followed by interviews with the reviewers. I thank everyone who has been asked to provide feedback on my role and I appreciate the time taken to fill in the necessary paperwork. I am looking forward to the process and the personal goals that I will develop as a result.

God bless.

Leon Bolding
Principal
Birthday Wishes

Happy Birthday to the following staff and students who have celebrated a birthday over the past two months!

Angus Critch
Khyesha Comeagain
Revis Carnamah
Rebecca Dreghorn
Lucas McGregor
Caroline Cranwell

Office Reminders

Our Lady of Mount Carmel Parish – Mass is celebrated every Sunday commencing at 8:30am. Everyone is welcome to attend.

Parent/Emergency Contact and Medical Emergency Information – If your contact details change throughout the year please contact the office as soon as possible and update your information. Please also let the office know if your child has any allergy and/or medical condition. It is imperative that the school has the most up to date and correct information in case of an emergency.

Uniform Shop – Please note that the uniform shop is only open on Wednesday and Thursday mornings and afternoons. Order forms can, however be sent home during the week with your child.

Hit Nits 4 6! – Hit Nits 4 6 products are once again available to purchase at the School Office. There are two products available: The “Once Off Lotion” for students who have nits or head lice and the “Daily Control Spray” to prevent reinfestation. These products are sold at the cost price of $15. Further information regarding nits is available through the office.

P&F News

Tuckshop – The first of our tuckshop days for 2015 will be on Friday 27th February. On the roster for this day are Sarat Bainbridge and Melinda Weir. We thank everyone who has volunteer their time this year to help run the tuckshop, we and especially the students, appreciate you giving so freely of your valuable time. A tuckshop roster is attached to today’s newsletter.

P&F Meeting – On Friday night we will have the P&F’s Annual Community Meeting, which will wrap up the work done during 2014. As was mentioned last year there are several vacancies on the 2015 P&F committee, so if you are interested in taking on a P&F role let us know on the night and then come along to our first meeting on the 25th March (Week 8).

Tim Critch
P&F President

Rebecca Dreghorn
P&F Secretary

‘Love one another, as I have loved you.’
Fast4 Tennis

Want to play tennis? But don’t have the time, come and join the NEW Fast4 Tennis competition. You challenge a player you think you can beat and then you pick the time, the club and then play. The fundamentals of the sport remain the same, but there are four innovative rules that ensure the matches are fast, competitive, exciting and can be completed in a reasonable period of time. In short, FAST4 provides a simple, exciting way of speeding up a conventional tennis match.

FAST4: THE RULES

#1 PLAY LETS
If the serve clips the tape and lands in the service box, there’s no let, it’s game on. What’s more, if you’re playing doubles either the receiver or their partner can take the return.

#2 NO AD SCORING
As soon as a game gets to deuce it’s a Power Point. The receiver chooses which side will take the serve. This applies to doubles too with the receiving pair deciding who returns the point.

#3 TIEBREAKER AT 3 GAMES ALL
At 3 games all a short tie-break is played, first to 5 points. A Power Point determines the winner at 4 points all.

#4 FIRST TO 4 GAMES WINS
Hence the name FAST4. It doesn’t matter how you get there, just make sure you get to four before the competition does. No advantage games.

Want to play tennis? But don’t have the time, come and join the NEW Fast4 Tennis competition. You challenge a player you think you can beat and then you pick the time, the club and then play. The fundamentals of the sport remain the same, but there are four innovative rules that ensure the matches are fast, competitive, exciting and can be completed in a reasonable period of time. In short, FAST4 provides a simple, exciting way of speeding up a conventional tennis match.

Mullewa Community

Bike Event

FRIDAY 20th March — 6.30pm
Outdoor MOVIE
at the Youth Centre

SATURDAY 21st March — 10am-1pm
Bike Mechanic Workshops / Engraving
BMX Track / Time trials
Activity Books & Road Safety Information
Fire Brigade Demonstration & More......
~ Free BBQ lunch at the Pool — 1pm ~
All welcome...... come join the fun

Mullewa RURAL

Family Fun Day

and “Welcome all NEWCOMERS” to Mullewa

When: Friday 13th March 2015
Where: Mullewa Recreation Centre / Sports Club

What’s On:
East vs. West Cricket Match @ 2.00pm
East contact – Barno – 0427 913 335
West contact – Tim – 0438 625 045

Kids’ Activities from 3:30pm

Social Tennis @ 8.00pm
Contact Tracey Messina 9961 1484

Social Badminton @ 8.00pm
Contact Pat Weir 9962 5032

Social Bowls @ 8.00pm
Contact Hobby on 0437 157 398

Social BBQ and Drinks @ Sports Club
Kids – 6:00pm
Adults – 7:00pm

Please RSVP for catering purposes to 9961 1007 by 6th March
Thank you ☺
## Our Lady of Mt Carmel School
### 2015 Calendar – Term 1 Parents

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<tr>
<th>MONDAY</th>
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<td>Term 1 Commences</td>
<td>Mini Newsletter</td>
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<td>Staff Commissioning Mass</td>
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<td>Pupil Free Day (Staff Professional Development)</td>
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<td>Ash Wednesday Fremantle Dockers Incursion</td>
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<td>Parent Information Night ACM and Welcoming Dinner</td>
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## School Holidays 3rd April - 19th April

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**ORDERING**
- Children are given a small note, to be taken home on Friday prior to Tuckshop, with their choice of lunch order (sample below)

<table>
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<tr>
<th><strong>TUCKSHOP LUNCH ORDER</strong></th>
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<tr>
<td>Name ____________________ Year __________________</td>
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<tr>
<td>Friday is Tuckshop!</td>
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<tr>
<td>Please order me __________</td>
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<td>Cost $ ________________</td>
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<tr>
<td>Return order with correct money (in envelope with child’s name clearly marked) to class teacher by Tuesday</td>
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- Orders are to be placed into an envelope along with the correct money and given to the class teacher by Tuesday morning.
- Please include name, year, order and amount enclosed.
- **Orders will be picked up from the school on Tuesday afternoon.** The helper whose name appears first each tuckshop must organise bags and order foods needed from the deli indicated.

**FOOD DONATIONS** *(NUT & NUT PRODUCT FREE)*
- Donations of cakes, slices, biscuits, boiled eggs, sausages, fruit, etc are most welcome and should be delivered to the Parish Hall prior to school on Tuckshop day.
- Please remember to give your child some small change to be able to purchase the goodies.

**PARENTS ON ROSTER**
- As in previous years Parents are put on the roster system to help out with Tuckshop. If you have any queries please ask Janice, your new P&F Secretary, or the Tuckshop Leader.
- Tuckshop helpers are responsible for preparing the food. Supplies will be organised by the first helper on the list. Please support them as much as you can.
- Lunches need to be prepared by 12:35pm.
- Place lunches in appropriate class baskets.
- When the lunch bell goes either a class representative can collect their basket or mothers will carry them to the lunch area.
- Put out donated foods and make up cordial if there is none prepared.
- Parents on duty will have a container of small change in the Tuckshop.
- Put up roller door ready for the RUSH!
- After lunch, collect baskets. Please have everything washed and put away. If tea towels are dirty please take home and wash, then return to kitchen. Please empty the bin, and leave floors and benches clean.
- Please take the Tuckshop money to the Office.
OUR LADY OF MT CARMEL P&F
TUCKSHOP ROSTER 2015

The leader is responsible for picking up the orders from the office on Tuesday afternoons and placing the orders for Friday.

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<thead>
<tr>
<th>DATE</th>
<th>LEADER</th>
<th>HELPERS</th>
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<tbody>
<tr>
<td>Friday 27th February</td>
<td>Sarat Bainbridge</td>
<td>Melinda Weir</td>
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<td>Friday 8th May</td>
<td>Penny Critch</td>
<td>Jenni Strange</td>
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<td>Friday 19th June</td>
<td>Janice Park</td>
<td>Jaidee Park</td>
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<td>Friday 14th August</td>
<td>Janelle Rowe</td>
<td>Rachel Wilson</td>
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<td>Friday 11th September</td>
<td>Kylie Rowe</td>
<td>Anita Grima</td>
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<td>Friday 30th October</td>
<td>Jen Critch</td>
<td>Michaela Wurster</td>
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<td>Pip Rumble</td>
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<tr>
<td>Friday 4th December</td>
<td>Sam Messina</td>
<td>Helensa Ferreira</td>
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If you are unable to attend on the day you have been allocated, please find a replacement or swap with someone and let your P&F Secretary (to be advised) know.
OUR LADY OF MT CARMEL
P & F
TUCKSHOP MENU 2015

Ham & Salad Roll $3.00
Salad Roll $2.50
Vegemite Roll $1.50
Toasted Ham & Cheese $2.50
Mini Pizza $3.00
Hot Dog & Sauce $3.00

SOME ITEMS AVAILABLE AFTER LUNCH
Large Slices of cake, jelly cups, etc 50c
Small cakes, muffins, slices, etc 30c
Honey joys, pikelets, choc crackles, biscuits 30c